Project

SAVE

SAVE YOUTH AGAINST, AGAINST GENDER BASED VIOLENCE

Sulmona - Italy
09 April – 18 April, 2018
The youth exchange S.A.V.E. will introduce 25 young people (18-25 years) from 3 European Union (Croatia, Italy and Spain) and 2 EECA (Armenia and Georgia) countries to general definition, concept and normative and legal frameworks related to concepts of gender-based violence.

Indeed, the course will cover forms, causes and consequences of GBV in different contexts, as well as on an endemic basis. Prevention and response programming, as well as models underpinning mainstreaming and targeted actions on GBV, and the need for coordinated approaches will be covered. The course will provide basic knowledge and skills on GBV young people through frontal lessons and practical workshops with a particular attention to “Hate Speech” topic. The term “Hate Speech” is used to indicate all forms of expression which spread, incite, promote or justify gender and racial hatred.

Indeed, the TC “Safe Youth Against, Against Gender Based Violence” (SAVE), is a 8-days training course and the main objective is to offer to participants useful and new gender competencies and skills to implement in their workplace/daily life in order to prevent and fight GBV.

The TC will be based on non-formal education methods, encouraging active participation of young people involved. Some the methods used will be the following:

- Ice-breakers, energizers;
- Inputs from experts;
- Intercultural and experiential learning;
- Variety of visuals for thematic input;
- Brainstorming and discussions both in working groups and in plenary
Lesson Plan

MONDAY, APRIL 9 - 2018
Welcome day and participants registration;

TUESDAY, 10 APRIL - 2018
Project presentation, objectives and expected. Fast introduction of the Erasmus + Program.
Presentation of organizations and individual participants (All organizations involved) 10-12;
12.00-13.30 Sexual identity, Gender Identity and Gender Roles
To deepen the biological, psychological and social aspects of the subject through a brainstorming and group discussion.
15.30 – 18.00 Gender stereotypes / Gender Socialization
Comparison of gender stereotypes belonging to partners' background cultures and role play to better examine social influence.

WEDNESDAY, 11 APRIL - 2018
10.00-13.30 Gender Violence: Definition and Features
Introduction to the issue of gender violence with particular attention to violence cycle and related relational dynamics through a PowerPoint presentation.
15.30 – 18.00 The protagonists of violence: women, men and children
A closer look at the psychological characteristics of the men who act violence and victims (women and children) and the theme of assisted violence through projection of short educational videos and group confrontation.

THURSDAY, 12 APRIL - 2018
10.00 – 13.30 Gender Mainstreaming
Introduction to the issue of female immigration and deepening of the phenomenon of trafficking as a form of gender-based violence through focus group activities.

15.30 – 18.00 Exploring Sulmona (Abbazia Celestiniana, Eremo di Celestino V e Centro storico).

FRIDAY, 13 APRIL - 2018

10.00 – 13.30 Hate speech what about

*Introduction of key concepts related to gender communication and presentation of “Hate Speech” examples (e.g. sexist advertising)*

15.30 – 18.00 Hate Speech Work shop and lab

*Study and group discussion on virtuous gender-based story-telling examples.*

*Laboratory Experience: Participants divided into subgroups will produce mini social spots of 5/7 minutes on “hate speech” and sexism in advertising.*

SATURDAY, 14 APRIL - 2018

10.00-12.00 Workshop Part 1 on the Prevention of Hate Speech

12.00 – 13.30 Workshop Part 2 on the Prevention of Hate Speech

15.30 – 18.00 Visit to the Anti-Violence Center and the “Casa delle Donne” refuge house.

20.00 – 00.00 Pub night

SUNDAY, 15 APRIL - 2018

08.30 – 13.30 Resting Morning

15.30 – 18.00 Provision of a trace on the case studies

*Each partner will present a case study on gender violence that will be analyzed in small groups through a reflection trail proposed by Horizon.*

MONDAY, 16 APRIL - 2018

10.00 – 13.30 National and institutional actions of each partner country related to the fight against gender violence

*Comparison of the legislation of reference and creation of a final document in which differences and similarities between the different countries emerge.*

15.30 – 18.00 The role of Europe and governments on the fight against gender violence

*Deepening of the European directives on the fight against gender violence and the investigations carried out on the problem through a Power Point presentation.*
TUESDAY, 17 APRIL - 2018

10.00 – 13.30 Tools to counteract and prevent gender violence

*Discussion on the tools of contrast and prevention of gender violence through a laboratory activity aimed at the design of a specific intervention project.*

15.30 – 17.00 Final Assessment Questionnaire and personal reflections related to the training and experience lived

17.00 – 19.00 Closing Ceremony and Delivery of attendance.

WESNDAY, 18 APRIL - 2018

Departure of participants

---

Who...?

5 participants, 18-25 years old, exceptionally a few participants up to 30 years old) + 1 group leader from each country

Another specific Info-Pack, **only for the participants**, will be send at the organizations after the end of the Advance Planning Visit.
When...?

April 9 -18, 2018 in Sulmona, Italy

Arrival April 9 until 21.30 pm (Maximum pick-up time)

Departure on April 18 in the morning

According EACEA EU Agency rules, participants cannot stay in the country before or after the project (maximum is 2 days together - before and after the project - only in special cases) so please try to find the best connections according to these rules.

How...?

<table>
<thead>
<tr>
<th>Country</th>
<th>Limits in budget for travel costs (100%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Georgia</td>
<td>5 person x 360 €</td>
</tr>
<tr>
<td>Armenia</td>
<td>5 person x 360 €</td>
</tr>
<tr>
<td>Croatia</td>
<td>5 person x 180 €</td>
</tr>
<tr>
<td>Spain</td>
<td>5 person x 275 €</td>
</tr>
<tr>
<td>Italy</td>
<td>5 person x 0,00 €</td>
</tr>
</tbody>
</table>

The project covers 70% of travel costs within the limit of the total cost accepted. Which means if the amount mentioned in the chart is 360EUR - 100%, your ticket can cost up to 360EUR and we will pay you back 70% of the actual amount you paid for the ticket -maximum 252 EUR.

Please note that if your tickets are more expensive, you are responsible for covering the difference (unless someone buys cheaper tickets). Be sure to collect all necessary
documents for reimbursement: original invoices of payment, electronic plane ticket or paper ticket, boarding passes, train tickets, bus tickets, etc.

We will prefer to make reimbursement by bank transfer (one account for each country) after the youth exchange as soon as we receive all the necessary documents. Participants will be reimbursed in cash during the youth exchange upon presentation of all necessary documents. If you prefer the cash reimbursement, please let us know as soon as possible.

*If your group is planning to arrive early or depart later, consult with us prior to book tickets to make sure it could be covered by budget funded. If not, we will be not able to provide full reimbursement!*

Insurance cost will be 100% covered.

---

**Where...?**

The youth exchange will take place in Asinomania [http://www.asinomania.com/dove.asp](http://www.asinomania.com/dove.asp), area in the outskirts of Sulmona near the forest and mountains. The participants will share rooms with 3-4 other participants of same gender. The accommodation, is located between the Genzana reserve ([https://www.riservagenzana.it/](https://www.riservagenzana.it/)) and Majella National Park ([http://www.parcomajella.it/](http://www.parcomajella.it/)). Accommodation provides towels and bed linen. There are toilets and bathrooms in each room. Organizers will provide participants with three times food per day and two coffee breaks. There will be internet available in the accommodation through wireless network.
Airports near SULMONA

International Airport d’Abruzzo (Pescara)

Pescara Airport is located 48 km from city of Sulmona. There are frequently minibus and bus from Pescara Airport to Pescara Central Station (1 every 20 min). From Pescara Central Station to Sulmona, there are trains every 1 hour. The trains from Pescara Central Station to Sulmona, start at the 06.50am and end at 09.15pm. Please, for any information visit www.trenitalia.com.

The weather in April can be chilly at night and slightly warm during the day in Sulmona (20°/8°). Make sure you take warm clothes. You can check the forecast following this link: http://www.meteo.it/

About SULMONA

Abruzzo is very real Italy - full of tradition, culture, breathtaking scenery and a reminder of what is important in life. Sulmona, called 'the prettiest city in Abruzzo' often takes first-time visitors by surprise. Its beauty and harmony create a sense of visual pleasure that makes one feel part of a secret club. The principal city of the Valle Peligna, Sulmona occupies a flat, lozenge-shaped area surrounded by majestic mountains that display every colour of every season and sits between two awesome National Parks. It is less than an hour to some of the best skiing in Italy, less than an hour to the fabulous beaches of the Adriatic coast, and under two hours from Rome. A more strategic position, for short-term visitors or long term holiday-makers, doesn't exist. Really.

Once you are here you will be able to appreciate the Roman, Medieval, Baroque and modern history & architecture of this town. There are exceptional places to eat, groovy places to drink and stylish places to shop. Oh and the gelato is pretty fabulous too! On a day trip you can go up into the mountains, over to a couple of local villages, enjoy a food festival, or laze about the local pool.